

The Intentional Leadership Hub



A 6-week career growth and self-leadership programme for professionals

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OVERVIEW

In today's demanding workplace, many professionals find themselves working harder than ever — yet not always moving forward. Effort alone doesn't guarantee recognition, credibility or career momentum.

To truly grow, you need clarity of direction, consistency in behaviour and visibility that comes from meaningful contribution.

The Intentional Leadership Hub provides a practical, career-focused environment where professionals step back, reflect and design their own self-leadership blueprint. Over six weeks, participants learn to lead themselves with intention and translate values into behaviours that build trust, credibility and sustainable growth.

This programme focuses on deliberate, observable actions that build credibility, strengthen your presence and amplify your impact at work.

Think of it as: **Career intention → Behaviour → Momentum.**



What You Will Gain

- A clear direction for your career growth
- Insight into how you show up and are experienced at work
- Leadership habits that support consistency under pressure
- The ability to turn values into reliable, everyday behaviours
- Visibility earned through contribution, not self-promotion

Who It Is For

This programme is for professionals who feel capable to lead, but remain under-recognised.

- **Career professionals:** ready to grow intentionally
- **Junior-to-mid level managers:** preparing for bigger roles
- **High performers:** seeking stronger presence and leadership credibility



The Intentional Leadership Hub Programme is for you if you want your effort to translate into lasting, recognised progress that translates the promotions, recognition and job growth you deserve.

Why It Is Different

The Intentional Leadership Hub Programme:

- Practical: goes beyond mindset and into behaviour
- Career focused: delves into how you show up at work
- Emphasizes consistency, judgement and contribution
- Delivered online and paced to challenge without overwhelm

Grow through intentional action, not just endless effort.



The 6-Week Journey

- 1** Direction & Career Intent
Define success and clarify your growth path.
- 2** Self-Awareness & Leadership Identity
Understand your drivers, strengths and blind spots.
- 3** How you are experienced at Work
Explore perception, trust and credibility.
- 4** Values Into Consistent Behaviour
Build resilience and reliability under pressure.
- 5** Habits That Strengthen Leadership
Create systems that support sustainable leadership.
- 6** Visibility Through Contribution
Earn recognition through impact, not noise.

What is Included:

- Weekly live facilitated sessions (virtual)
- Guided reflections and practical workplace assignments
- Leadership behaviour tools and prompts
- A personalised Career & Leadership Action Plan
- A follow-up coaching session to embed your action plan and strengthen your self-leadership habits.
- Curated reading recommendations
- Certificate of completion

Optional Extra: V360 Leadership Feedback

To deepen the impact of your Intentional Balance Hub journey, you can choose to add a V360 analysis.

This is a multi-rater feedback tool completed by five colleagues to give you a clear, practical view of how your leadership shows up at work.

Post-Programme

After completing the Intentional Leadership Hub Programme, you will be invited to ongoing Career Momentum Circles: interactive sessions where professionals exchange best practices, build credibility and continue growing with intention.



The Intentional Leadership Hub format:

- Weekly 90 minute virtual meetings
- 1 mid-session assignment
- Tools & workbooks
- In-person celebration (optional)

Registration

Secure your spot in this 6-week career growth and self-leadership programme designed for professionals who want their effort to translate into visible, sustainable growth.



Standard Registration Kes. 21,875

Special rates for group bookings.
Please enquire.

Full payment is required at
registration.

Payments via instalments: available
upon request.

*V360 Assessment cost upon request
as it is subject to the number of
respondents.*

**Your career advances by intention.
Take ownership of how you show up and invest in your growth.**

To register online, visit: www.shuharileadershiptraining.com

For more information, please contact us:
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